



Adopting a baby or a child? We are happy to help.



Congratulations! Welcoming a new baby or child is a joyous event. But caring for your new family member can bring up many questions that may feel overwhelming. Health Advocate's team of nurses and benefits specialists can address a range of concerns before, during and even after you bring your new baby or child home.

Provide healthcare help

- **Explain what to anticipate** the day your baby or child arrives
- **Review day-to-day needs for care;** review developmental milestones
- **Inform** about vaccination requirements
- **Locate pediatricians** and other providers
- **Help prepare** for doctor appointments
- **Expedite appointments** and obtain referrals, if needed
- **Address** prescription issues
- **Advise about adding your child** to your health plan
- **Clarify coverage** for well-baby and well-child doctor visits
- **Resolve billing** and claims issues

Plus, we'll go over...

- **Safety measures**, including car seat requirements, infant CPR, first aid
- **Symptoms that prompt a call** or visit to the doctor

Remember...

We are an ongoing resource for you and your family, **ready to help with any resources and support you may need.**



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